

Affiliated to North Eastern Region ASA

## **BINGLEY A S C GALA PROCEDURE & ENTRY FORM**

The third club gala is to be held on the 21<sup>st</sup> September, please note the following; ensure the childs name and age as at 9<sup>th</sup> November, has been entered by completing the form at the bottom of the page and returning before the closing date 16<sup>th</sup> September.

## Procedure on the night for swimmers:

- · Sign in on arrival before getting changed.
  - · Then get changed and sit at poolside.
- · You will be called for warm up at 6.15 pm.
- · Sit by poolside and wait to be collected by a superviser who will call you for your heat.
  - · Gala starts at 6.45 pm
  - · Medal presentation 15 minutes after the final heat.

Please note: The gala will be run under ASA regulations including disqualifications.

Only the first four swimmers in any event will be awarded medals and pennants.

All swimmers must have a valid pre payment card, cash will not be accepted on the door.

PLEASE CUT OFF AND HAND IN ON A TRAINING NIGHT PRIOR TO THE 16th SEPTEMBER. AGE: (as at 9th November 2016) NAME: (please print) PLEASE TICK THE EVENT BEING ENTERED 8 years girls frontcrawl 1 length 8 years girls backstroke 1 length 8 years boys frontcrawl 1 length 8 years boys backstroke 1 length 9 years girls backstroke 1 length 9 years girls butterfly 1 length 9 years boys butterfly 1 length 9 years boys backstroke 1 length 10 years girls butterfly 2 lengths 10 years girls backstroke 2 lengths 10 years boys butterfly 2 lengths 10 years boys backstroke 2 lengths 11 years girls butterfly 2 lengths 11 years girls backstroke 2 lengths 11 years boys butterfly 2 lengths 11 years boys backstroke 2 lengths 12 years girls butterfly 2 lengths 12 years girls backstroke 2 lengths 12 years boys backstroke 2 lengths 12 years boys butterfly 2 lengths 13 years girls butterfly 2 lengths 13 years girls backstroke 2 lengths 13 years boys butterfly 2 lengths 13 years boys backstroke 2 lengths 14 years girls backstroke lengths 14 years boys butterfly 2 lengths 14 years girls butterfly 2 lengths 14 years boys backstroke lengths 15 years girls butterfly 2 lengths 15 years girls backstroke 2 lengths 15 years boys backstroke 2 lengths 15 years boys butterfly 2 lengths 16 years and over girls butterfly 2 lengths 16 years and over boys butterfly 2 lengths 16 years and over girls backstroke 2 lengths 16 years and over boys backstroke 2 lengths

Open girls and boys 4 lengths breaststroke